

## CLIENT HISTORY

(Confidential – for Practitioner’s use only)

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

Phone – home \_\_\_\_\_ Mobile / work \_\_\_\_\_

Email \_\_\_\_\_ DOB \_\_\_\_\_

Occupation \_\_\_\_\_ Referred by \_\_\_\_\_

Relationship status \_\_\_\_\_ # Children \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Reason for visit \_\_\_\_\_

Current medications \_\_\_\_\_

Current complementary therapies / supplements \_\_\_\_\_

Eating habits / diet \_\_\_\_\_

Amount daily intake: Water \_\_\_\_\_ Caffeine \_\_\_\_\_ Alcohol \_\_\_\_\_ Cigarettes \_\_\_\_\_  
(or tobacco)

Exercise routine: \_\_\_\_\_

### HISTORY

Please mark the following areas of diseases or symptoms as ‘C’ for current, ‘P’ for past, or ‘CH’ for chronic

EMOTIONAL / PSYCH	CARDIOVASCULAR	NEUROLOGICAL	REPRODUCTIVE
Depression	Angina	Epilepsy	STDs (type)
Eating disorder	Heart attack	Dizziness	Endometriosis
Mood swings	Heart failure	Insomnia	Pregancies (# & ‘C’)
Substance abuse (type)	Hypertension	Migraines	Miscarriage (#)
AUTO IMMUNE	Stroke	RESPIRATORY	Abortion (#)
AIDS / HIV	MUSCULO-SKELETAL	Bronchitis	OTHER (specify):
Allergies	Arthritis	Emphysema	
Cancer	Back pain	Pneumonia	
Fatigue	Carpal tunnel	Tuberculosis	
Fever (chronic)	Gout	DIGESTION	
Fibromyalgia	Skin disorder (type)	Constipation (chronic)	
Fungal infections (type)	ENDOCRINE	Diabetes	
Herpes (type)	Adrenal insuf.	Diarrhea (chronic)	
Lyme Disease	Pituitary dysf.	Gastritis	
Mononucleosis	Hyperthyroid	Hepatitis	
ENT	Hypothyroid	Hypoglycaemia	
Earaches (chronic)	URINARY	Jaundice	
Headaches	Bladder infection	Liver disorder	

Jaw pain	Kidney stones	Ulcers	
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Please mark the following areas of diseases or symptoms as 'C' for current, 'P' for past, or 'CH' for chronic

Crying spells	Change in sleep	Family problems	Angry outbursts
Loneliness	Relationship problems	Increased nervousness	Eating changes
Social problems	Seeing things	Headaches	Work problems
Trouble concentrating	Sadness	Hearing things	Change in sexual activity
Suicidal	Feeling out of control	Homicidal	Unmotivated
Loss of trust in others	Financial problems	Panic attacks	Weight loss/gain
Forgetfulness	Violent feelings	Increased alcohol/drug use	Confusion

Please list any traumatic or life-threatening events that have occurred in your life, and when they happened:

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What do you hope for, and what are your expectations from this session and long term?

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Is there anything else you want me to know?

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