

Abortions and the Effect on the Human Energy Field (Aura)

By Karen Reid
Brennan Healing Science Practitioner

New Zealand has been identified as having the second highest abortion rate in the developed world. Last year approximately 4,000 kiwi women had abortions, for some it was their second and third times.

As an energy healer practising for ten years, this does not surprise me in the least. I ask all my clients to fill in a health history form, and I see the same statistics as Close-Up reported last night - abortions are very common amongst New Zealand women.

This poses a very interesting problem for women energetically. Whilst medical doctors remove the actual physical foetus, what is left is a woman who needs to deal with the emotional, psychological and spiritual aspects of what just happened, many who are not equipped with the right tools to do so. By the time a client gets to me, it is often years later, and the issue has compounded and started to compromise their new relationships, their wellbeing, and their mental health. Why? Because folks, the baby never actually left the human energy field, so effectively they are still 'carrying' the baby or babies around with them unconsciously.

I have observed over the last ten years, hundreds of ladies who have had abortions. In approximately 95% of those ladies, I find the soul of the baby is still sitting in their field, usually around or to the side of the second energy centre (chakra). Psychically they look just like a tiny little baby curled up. I have found them trapped behind the rib cages and in various other places, but they usually hang around the ovaries or womb area. I have seen some that have grown into toddlers, and who are by this stage quite upset and miserable or they can be quite content hanging out, with a deeply co-dependent unconscious relationship with the 'mother'.

In fairness, there are some people who do have a grieving process around letting go of the baby, and I think this is very effective. Here-in lies a real problem for us though - women have trouble letting go. Whether it is letting go of the actual baby, the relationship, or the projected idea of one day being a wonderful mother all plays a significant part in keeping that soul hanging around.

So it is with a non judgemental, warm and compassionate state of being that we need to release these souls back to the white light/God source. That is the energy healer's job, with permission from the 'mother'.

As with any removal of any object or dead orgone energy in the field, we must remember that there is a going to be an emotional and psychological process that takes place with the client. They probably need to have a good cry to release all the emotions around the situation at the time of the abortion. They may have ended the relationship with the father, they may have been really young and are a little embarrassed to talk about it, or they may have done the 'right' thing and just 'got on with it'.

I believe emotions need to come out at some point otherwise they get bottled up, and trap all the creative energies in the second energy centre underneath. Eventually this affects all the centres and causes the mental state of depression, because you have lost part of yourself underneath the repressed emotions.

From a spiritual point of view, my experience of sending babies back to the white light is actually a beautiful process. No-one is sitting in the spiritual planes judging someone for having multiple abortions. Rather they are compassionate and loving; happy to assist in the process.

This is not to say that this is a good way to manage birth control. On the contrary, we need to take responsibility for our physical body's health. Now that we know it's not just our physical body that an abortion affects, it's our emotional, psychological and energetic health as well and that needs to be taken care of so we don't make ourselves sick further down the track from unresolved multiple level issues.

Moving forward, we are going to have to educate our young people on sexual health. We as a society perhaps need to revisit our taboos and hang-ups around sexuality so that we can start talking amongst ourselves freely and non-judgementally about it.